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The Federal Diary

By Mike Causey

The Hills Are Alive . . . with the sound of melting top secret fat. Word inside the CIA is that its director/admiral likes lean operations, and lean operators. This includes sedentary operatives and support staff assigned to headquarters at Langley.

For reasons of health, personal satisfaction and job security, a growing number of CIA types are taking to the woods at lunch time, to jog a mile or two. Cafeteria attendance is down slightly, as are waistlines of several desk officers.